

### Program History and Philosophy

During the past 39 years, the Wyoming Valley West Aquatics programs have been providing opportunities for individuals to learn and develop skills in an environment of excellence and intensity. From novice to elite, we have been continuously competitive at all levels. From learn to swim, to competition swimming, diving, and water polo; we have experienced success at the local and national level. Our goal is to develop and assist each individual to reach their potential and aspirations. We look forward to you joining us in our...

### "Tradition of Excellence"

The Wyoming Valley West High School 25-yard indoor pool is utilized for all aquatic training. This facility guarantees each individual a comfortable atmosphere 100% of the time.

### **WVW / FAST – Water Polo – Learn to Swim Diving**

#### Our Summer Coaches/Staff:

- Edward Zawatski – WVW Head Coach and Coordinator of FAST/Learn to Swim

### **PHONE NUMBER for Booking**

### **Lessons and Training**

**@ (570-690-3139) to secure  
spot!**

- Dwin Doran - WVW Assistant Coach
- Josh Zawatski- WVW Assistant Coach/Learn to Swim Instructor
- Jared Zawatski- WVW Learn to Swim Instructor
- Sydney Bruno- WVW Learn to Swim Instructor

### **FAST Aquatic Club (COMPETITIVE LEVEL)**

For practice schedule **CALL COACH ED for details to Morning/Afternoon workouts and cost. THIS IS A DIFFERENT COST THAN LEARN TO SWIM.** There is a Dual Partnership with other facilities!! FAST Aquatic Club has a variety of local and extended meet opportunities as well as other types of aquatic freedoms for individual goals for athlete or family.

**Spring Training Begins: May 2nd - June 10th, 2022**  
**(Monday through Friday) 4:30pm-6:30pm**

**Summer Training Begins: June 13th – August 5th**  
**(Monday through Friday) 7:00am-9:30am**

**\*\*LEARN TO SWIM\*\***: For children/adolescents of all ages!! Our instructors teach many swim sessions in the summer that are designated towards all skill sets of swimmers and their abilities.

**ALL Lessons are Monday- Thursday @  
9:30am-10:15am OR 10:30am-11:15am per session  
upon first come, first serve sign up!**

**\*\*CHILD MUST BE 4+ YEARS OF AGE. PRIVATE LESSONS OFFERED FOR CHILDREN YOUNGER THAN 4 UPON INSTRUCTOR AVAILABILITY, NOT GUARANTEED\*\***

### **Lessons will begin on:**

**Session 1:** June 13<sup>th</sup>-June 23<sup>rd</sup> (2 full weeks)  
**Session 2:** June 27<sup>th</sup>-July 7<sup>th</sup> (2 full weeks)  
**Session 3:** July 11<sup>th</sup>-July 21<sup>st</sup> (2 full weeks)

**Cost for Learn to Swim @ WVW:**  
**Your first attended session at any time (per swimmer): \$100**

**Any sessions after your initial start (per swimmer): \$25 off for each additional session added**

**Aquatic Registration – 2022 ... Date: / /2022**

**Registration for-Last Name:** \_\_\_\_\_

**Athlete:** \_\_\_\_\_ **DOB:** \_\_\_/\_\_\_/\_\_\_

**Athlete:** \_\_\_\_\_ **DOB:** \_\_\_/\_\_\_/\_\_\_

**Best Phone Contact:** \_\_\_\_\_

**Best email:** \_\_\_\_\_

**Street:** \_\_\_\_\_

**Town:** \_\_\_\_\_

**State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Emergency:** \_\_\_\_\_

**T-Shirt Size:** \_\_\_\_\_

My children have no restrictions for aquatic training and activities. If there are any questionable health issues, I will discuss them with the head coach and/or obtain a doctor's release. I do understand that I may need a Doctor's Permission Release for one or more of my children to participate in aquatic training and activities at WVW / FAST Aquatics. I also agree that if there are any changes in my children's medical history at any time that I will advise the coaches. I also will reinforce with my children that they are to follow rules and directions from the coaches to help maintain a safe environment at all times for all participating individuals.

**Parent/Guardian:** \_\_\_\_\_

**Coach:** \_\_\_\_\_ *Edward John Zawatski III* \_\_\_\_\_

**FAST Aquatic Club**  
**150 Wadham St.,**  
**Plymouth, PA**  
**18704**  
**(570) 690-3139**

**FAST  
AQUATICS**

**SPRING/SUMMER**

**2022**

**START DATES:**

**Competitive  
Group:**

**(May 2<sup>nd</sup>, 2022)**

**Learn-to-Swim:**

**(June 13<sup>th</sup>, 2022)**

**LOCATED @ WVW**

**HIGH SCHOOL**

**SWIMMING POOL**

